

Help and Support for Students affected by Sexual Violence

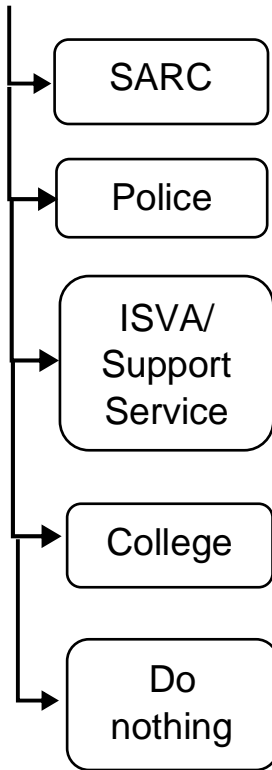
EXETER COLLEGE WELFARE TEAM

MICHAELMAS 2022



EXETER
COLLEGE
OXFORD

Responding to Instances of Sexual Violence



Immediate considerations

- **Immediate risks** to individual or wider population – 999 or university security services – 01865 289 999
- **Sexual health** (emergency contraception, HIV prophylaxis): [Oxfordshire Sexual Health Service](#) at Churchill Hospital – 01865 231 231
- **Securing forensic evidence** (clothing, bedding, etc) in case you want to report to police – [SARC](#) (0800 970 9952) or police – 101

[SARC \(Sexual Assault Referral Centre\)](#)

For incidents that occurred in the last 7 days, they can provide a forensic medical examination and store forensic samples in case you later decide to report to police.

0800 970 9952
24/7 all year round
Located in Bicester

They provide medical, practical, emotional support from doctors and counsellors.

The college lodge can phone a taxi to a SARC, and the college will pay for it. One of the Junior Deans can accompany you.

Calling ahead is **essential**. The SARC team will want as much information as possible in order to advise.

[Support Service & ISVA \(Independent Sexual Violence Adviser\)](#)

Trained advisers offering independent, confidential advice on your options and ongoing support.
supportservice@admin.ox.ac.uk
[Online self-referral form](#)

The ISVA, Morgan Bull, is independent of the university.
OxfordUnilSVA@osarcc.org.uk
[Online self-referral form](#)

Police

101 (999 in emergency)

Reports can be made via 101, at St Aldate's police station, via the SARC, or via the secure and confidential [online crime reporting service](#).

College

Helen Thornton
Registered Nurse and Welfare Officer
helen.thornton@exeter.ox.ac.uk

Andrew Allen
Welfare Coordinator and Chaplain
andrew.allen@exeter.ox.ac.uk

Both can be contacted via the lodge
01865 279 600

After hours/weekends: Contact the Junior Dean on call via the lodge
01865 279 600

The Welfare Dean, Cath Green, is available to discuss college no contact arrangements
welfare.dean@exeter.ox.ac.uk

The Sub-Rector, Barney Taylor, is available to discuss college disciplinary procedures
subrector@exeter.ox.ac.uk

Do nothing

Doing nothing beyond immediate considerations of emergency contraception, sexual health, etc. is a valid choice, and one that must be respected.

Physical health

If you are physically injured, a GP or the Accident & Emergency (A&E) department in the John Radcliffe hospital can help you without you needing to tell them any details of what has happened to you.

In an emergency, call 999.

College GP (19 Beaumont St) 01865 240 501. Out of hours 111.

Sexual health

Although it can be difficult to think about immediately, if you have been raped or sexually assaulted, you may also have contracted a sexually transmitted infection (STI). You can be tested at your local family planning or sexual health clinic (GUM clinic) without having to give any details about what has happened to you, or even your real name. Many GUM clinics, including the Oxfordshire service, are confidential, which means they won't share information about your visit with anyone, including your GP. As some STIs are symptomless, it is important to think about getting tested.

Contact Oxfordshire Sexual Health Service, Churchill Hospital branch, for STI screening, HIV prophylaxis (PEPSE), emergency contraception, Hep B advice: 01865 231 231 <https://www.sexualhealthoxfordshire.nhs.uk/>

Pregnancy

Depending on what has happened to you, you may be at risk of becoming pregnant. If you are concerned about this then emergency contraception is available from your GP, family planning or sexual health clinic, or from a pharmacy. There are different types of emergency contraception. The emergency contraceptive pill can be used within 3 days (Levonelle pill) or 5 days (ellaOne pill) of unprotected sex for it to be effective – the sooner you take it, the more effective it'll be.

<https://www.nhs.uk/conditions/contraception/emergency-contraception/>

Sexual Assault Referral Centres (SARC), sometimes known as Solace Centres

- The nearest SARC is in Bicester and is available 24 hours a day.
- Call **0800 970 9952** for advice or to make an appointment.
- College will pay for the taxi there and back and you can take a friend with you or one of the Junior Deans.

Sexual assault referral centres offer medical, practical and emotional support to anyone who has been sexually assaulted or raped. They have specially trained doctors and counsellors to care for you. If you are considering reporting the assault to the police, they can arrange for you to have an informal talk with a specially trained police officer who can explain what's involved.

In an emergency, you should always call 999.

If you have been sexually assaulted or raped either recently or in the past, there is confidential support available to you. For incidents that occurred in the last 7 days, they can provide a forensic medical examination. They can store forensic samples in case you later decide to report to police.

More details available here - <https://www.solacesarc.org.uk/>

Please note: If you have been sexually assaulted within the last 7 days and are considering having a forensic examination to collect evidence, please phone SARC (0800 970 9952) for advice on preserving evidence.

Tel: 0800 970 9952

Solace Centre

Police House

Queens Avenue

Bicester

Oxfordshire

OX26 2NT

13 miles away

Sexual Harassment and Violence Support Service

Who we are

The Sexual Harassment and Violence Support Service is an award-winning provision for survivors regardless of age, gender or sexual orientation who have been affected by sexual harassment or violence.

The Service is a survivor-only provision and has its own dedicated space within 3 Worcester Street, Oxford, OX1 2BX. We provide free support and advice to current Oxford students, along with a safe place to be heard, independent of your college or department. We also provide remote appointments via Microsoft Teams, depending on your preference.

The Service offers both specialist advisors and the services of an Independent Sexual Violence Advisor (ISVA), seconded from the local Rape Crisis centre.

We support students in all situations, whether the experiences of sexual harassment or violence happened in Oxford or elsewhere, and whether it was recent or in the past. We will support you at your pace and will help you to explore your options, and we'll be here to support you whatever you choose to do.

What we do

The team are specially trained in responding to incidents of sexual harassment and violence. We offer a response that is non-judgemental, pro-active, and non-directive that puts you in control of what happens next.

We recognise that everyone's situations are different and the support and advice we offer will be tailored to your own individual circumstances and need, and what you would like to do next. There is no pressure to take action or to report and you are free to change your mind at a later time.

What to expect from the service:

- Listening to your story (as much or as little as you would like to share or feel able to)
- Help you explore the options that are available to you and support you to make an informed decision about what you may wish to do next



- Finding practical solutions to help you study (including support on extensions or mitigating circumstances)
- Facilitating support so that you are kept safe and feel safe whilst in Oxford
- Help you put together a plan of where you want to go next, and make sure that it supports your needs
- Helping you through college and university complaints processes.

Confidentiality

As a student welfare service we work confidentially, meaning we won't share anything that you tell us with your college, department, tutors, family, or police without your explicit permission. There may be times, such as when you are at significant risk of harm, or someone else is at significant risk of harm, where we need to think about sharing some information, but if this comes up we will discuss this with you first. The full guidance on confidentiality can be found on [this page](#).

How do I get in touch?

To make an appointment, please [complete our online form](#) and we will find you a suitable advisor. You do not need to provide any detail in your submission regarding what has happened. If you have any queries or issues with the form, please contact supportservice@admin.ox.ac.uk.

Independent Sexual Violence Advisor (ISVA)

Who is the ISVA?

Our Independent Sexual Violence Advisor (ISVA), Morgan, is employed by Oxfordshire Sexual Abuse and Rape Crisis Centre (OSARCC) and is seconded to the University to exclusively support students. Morgan is completely independent from the University, your college or any other agencies, and will tailor her support according to your needs. Morgan is the expert on all matters of the criminal justice process and is able to support students through this process.

How can the ISVA support you?

The ISVA provides emotional and practical support and advice to any student who has experienced sexual violence, recently or in the past.

Morgan can:

- Provide information about the criminal justice process if you're considering reporting, and help you to make informed choices about what is right for you;
- Explain the University's policies and procedures relating to sexual misconduct;
- Support you throughout the process of reporting;
- Provide information about your rights;
- Liaise with the police, the University, your college, the Crown Prosecution Service and/or other relevant agencies;
- Accompany you to meetings relating to the sexual violence you have experienced;
- Give you practical support and advocacy with regards to other services (e.g. studies, sexual and physical health, mental health, etc.);
- Help you plan your safety and access appropriate support at the University or in your local area (e.g. counselling).

Morgan works in a non-directive and non-judgemental way. This means that she can give you information about legal processes and services that are there to support you, will support you to explore your options, but will not tell you what to do. She will support the decisions you make.

Confidentiality

The ISVA service is confidential and everything you tell Morgan will be kept within OSARCC, unless you give her explicit consent to share information with another agency or individual. OSARCC has an organisational confidentiality policy, which means that other OSARCC staff may be able to access these records in exceptional circumstances.

There are some instances in which the ISVA may be obliged to pass on certain information to other organisations, even without your approval. These instances include if you give the ISVA identifying information about a child or at-risk adult who is currently or imminently at risk of harm, or if you disclose information that leads the ISVA to believe that you or someone else may be at risk of harm.

How do I get in touch?

The ISVA accepts referrals directly from students via this [self-referral form](#).

Third parties, including other University organisations, can also make referrals as long as they are sent with the student's permission via this [third-party referral form](#).

Upon receipt of your referral, the ISVA will contact you within two working days and will then arrange a time to meet you either virtually, via phone or face-to-face in a location that's convenient for you.

For other enquiries, Morgan can also be contacted via OxfordUniISVA@osarcc.org.uk or on 01865 725311 (Monday to Friday).

Police

If you are a survivor of rape or sexual assault, there are many different ways you can report it to the police. Their trained officers and partner organisations are there to listen and work together to support you in any way they can. Importantly, your information could help them bring the offender to justice and make sure you, and other people in a similar situation, are kept safe.

If you are considering reporting to the police, you can also speak to the Independent Sexual Violence Adviser (ISVA) who can explain the reporting process to help you make your decision. If you did decide to report, there would then be the option of receiving ongoing support. For more information on the ISVA, please see the previous two pages of this document. You can refer yourself to an ISVA by using this form: <https://www.dpmscloud.com/external/referralforsarcc>

In an emergency

- Call 999.
- If you have a hearing or speech impairment, use our textphone service [18000](#). Or text us on 999 if you've pre-registered with the [emergencySMS service](#).
- British Sign Language (BSL) users please use our [video relay service](#) where an interpreter will help you report the crime to us.
- Silent 999 calls: If you're in danger but you can't talk on the phone, you should still call 999, then [follow these instructions](#) depending on whether you're calling from a mobile or a landline.

Report online

If you would like to report online, rather than speaking to an officer by telephone in the first instance, you can use their [online crime reporting service](#), which is secure and confidential.

Call 101

If you would like to talk to someone, the national non-emergency telephone number is staffed 24/7. Call [101](#) for non-emergency enquiries. If you have a hearing or speech impairment, use our textphone service on [18001 101](#).

Visit a police station

If you would like to speak to an officer in person, they can provide a safe and comfortable environment at any of their police stations. The nearest police station to Exeter College is:

St Aldates
Oxford
Oxfordshire
OX1 1SZ

Please check the opening times before going as they can vary <https://www.thamesvalley.police.uk/contact/find-a-police-station/>

College and University

IF YOU ARE IN IMMEDIATE DANGER, PLEASE CALL 999

Monday – Friday 09.00-17.00

Helen Thornton: Registered Nurse and College Welfare Officer helen.thornton@exeter.ox.ac.uk. Room 7:1.

Andrew Allen: College Welfare Coordinator and Chaplain andrew.allen@exeter.ox.ac.uk. Room 9:8.

Both can be contacted via the lodge: 01865 279 600

After hours/weekends

Junior Deans can be contacted via the lodge: 01865 279 600

Turl Street: Brittany Johnson brittany.johnson@exeter.ox.ac.uk Office hours: Tuesdays 7-8 pm

Cohen Quad: Sandra Adele juniordean.sandra@exeter.ox.ac.uk Office hours: Mondays 5-6 pm

Exeter House: Anjali Rawat anjali.rawat@exeter.ox.ac.uk Office hours: Fridays 7-8 pm

The lodge (01865 279 600)

Can help you with booking a taxi to the SARC or phoning police.

No Contact Arrangements

The Welfare Dean, Cath Green, is available to discuss the College's [No Contact Arrangement Policy](#).
welfare.dean@exeter.ox.ac.uk

The Support Service (supportservice@admin.ox.ac.uk) can provide guidance on the University's [No Contact Arrangement Policy](#). To request that a University No Contact Arrangement be put in place, complete the [request form](#) and email this to casework@proctors.ox.ac.uk.

College Policies

For guidance on the College's [Harassment Policy](#), you can contact the Welfare Dean, Cath Green (welfare.dean@exeter.ox.ac.uk) or the College Harassment Officers, Dan Quigley (daniel.quigley@exeter.ox.ac.uk) and Agni Orfanoudaki (agni.orfanoudaki@exeter.ox.ac.uk).

The Sub-Rector, Barney Taylor, is available to discuss College disciplinary procedures subrector@exeter.ox.ac.uk. The College's Disciplinary Procedure is set out in its [Bylaws](#).

The ISVA, Morgan Bull (OxfordUnilSVA@osarcc.org.uk) and the Support Service (supportservice@admin.ox.ac.uk) can provide further support.

University Policies

The ISVA, Morgan Bull (OxfordUnilSVA@osarcc.org.uk) and the Support Service (supportservice@admin.ox.ac.uk) are available to advise you about the [University](#) complaints and disciplinary process.

Other useful links

- **Oxford Sexual Abuse and Rape Crisis Centre (OSARCC)** www.osarcc.org.uk 'OSARCC is a feminist organisation committed to supporting survivors of sexual abuse, rape, domestic abuse, and harassment. We offer a free and confidential service to survivors who are dealing with the effects of sexual violence, and to anyone who is supporting them.' OSARCC have a very informative website where you can find lots of information and practical advice.
- **Oxfordshire Sexual Health Service** <https://www.sexualhealthoxfordshire.nhs.uk/> for STI screening, HIV prophylaxis (PEPSE), emergency contraception, Hep B advice
- **Oxford University Counselling Service** <https://www.ox.ac.uk/students/welfare/counselling>
- **Rape Crisis England and Wales** <https://rapecrisis.org.uk/> (women)
- **Survivors UK** <https://www.survivorsuk.org/> (men and non-binary people)
- **Galop** <https://galop.org.uk> (LGBTQ+ people)
- **National Domestic Abuse Helpline** <https://www.nationaldahelpline.org.uk>
- **A2 Dominion** (local domestic abuse support services) <https://a2dominion.co.uk/about-us/Domestic-abuse-support-services>
- **Respect** (male victims of domestic abuse, all perpetrators) <https://www.respect.uk.net>
- **Suzy Lamplugh Trust** (stalking helpline) <https://www.suzylamplugh.org>
- **NAPAC** (adult survivors of child abuse) <https://napac.org.uk>
- **Reducing the Risk national services database** (includes a number of helplines and resources) <https://reducingtherisk.org.uk/national-services/>